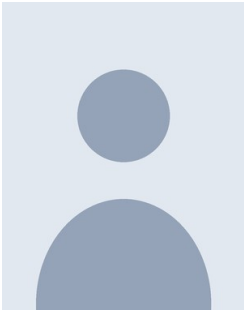


YOUR FULL NAME

HSE Officer — Construction & Oil and Gas

Doha, Qatar • +974 5000 0000 (WhatsApp) • your.name@email.com
linkedin.com/in/yourname



Nationality	[Nationality]	QID / visa	[Valid QID / Outside Qatar]
Notice period	[Immediate / 30 days]	Driving licence	Qatar licence (valid)
Date of birth	[DD/MM/YYYY] (optional)	Languages	English, Arabic (basic), Hindi

PROFESSIONAL SUMMARY

NEBOSH-certified HSE officer with 6 years of experience on construction and oil and gas sites, including 4 years in Qatar. Runs inductions, toolbox talks, inspections and incident investigations, and has helped sites reach over 2 million safe man-hours. Available to join [immediately / within 30 days].

CORE SKILLS

- Risk assessment and JSA
- Toolbox talks and inductions
- ISO 45001 and ISO 14001
- Permit to work
- Site inspections and audits
- HSE reporting (Excel)
- Incident investigation
- Emergency response
- QCS 2014 / client HSE rules

PROFESSIONAL EXPERIENCE

- HSE Officer**
[Company Name], Doha, Qatar

Feb 2022 – Present

 - Lead HSE on a 1,200-worker infrastructure site; 2.3 million man-hours without a lost-time injury.
 - Run daily inspections and weekly audits; closed 95% of observations within 48 hours.
 - Deliver inductions and toolbox talks in English, Hindi and Urdu to 60+ workers a week.
- Safety Supervisor**
[Company Name], Ras Laffan, Qatar

Jan 2020 – Jan 2022

 - Controlled permits to work and confined-space entries during a plant shutdown.
- Safety Officer**
[Company Name], [City, Country]

Jun 2018 – Dec 2019

 - Prepared risk assessments and method statements for building projects.

EDUCATION & CERTIFICATIONS

- B.Sc. / Diploma in [Engineering / Occupational Safety]** — [Institute], [Country]

2018

Certificates attested for use in Qatar

 - NEBOSH International General Certificate (IGC), 2021
 - IOSH Managing Safely; First Aid and Fire Warden, 2023

References available on request.